



THE UPDATE

USA DOWN SYNDROME SWIMMING



FEBRUARY 2024

USA DOWN SYNDROME SWIMMING MICHIGAN MEET UP

MILFORD MELTDOWN MASTERS MEET AND ST. PATRICK'S DAY SWIM CLINIC



Sign Up and More Info
www.USADSS.org
March 17th, 2024

QUICK LINKS

[Click here for Michigan Swim Clinic Details.](#)

[Click here if you want to contact Coach Aaron Helander about helping at the Michigan Swim Clinic on March 17th, 2024.](#)

[Click here for Milford \(MI\) Masters Meet Info](#)

[Click here to meet the National Team.](#)

Michigan Meet Up: Meet and Swim Clinic

Sign up today for our first ever local swim clinic happening March 17th in the Detroit Michigan area. We are pairing this mini-camp with a Michigan Masters Swimming meet - the Milford Meltdown. Come Join The Journey and learn about Starts, Turns and Pacing. Any USADSS athlete who can swim 50 yards unassisted is invited to attend. Learn more on our website at: www.usadss.org.

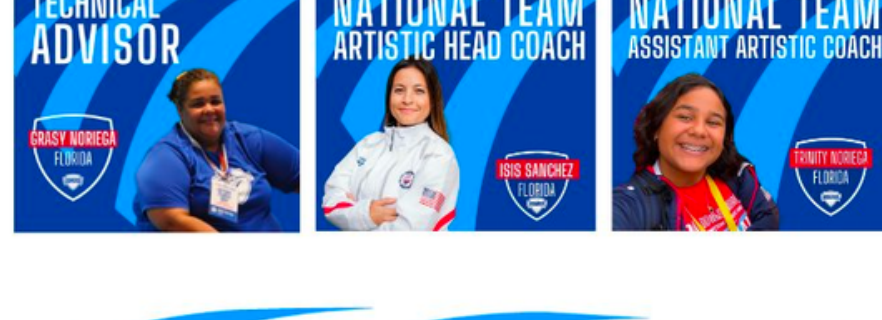
If you are coach in the area and want to get some experience working with swimmers who have Down syndrome, join our coaches network and contact USA Head Coach Aaron Helander at aaron.helander@gmail.com.

We are proud to partner with USA Artistic Swimming

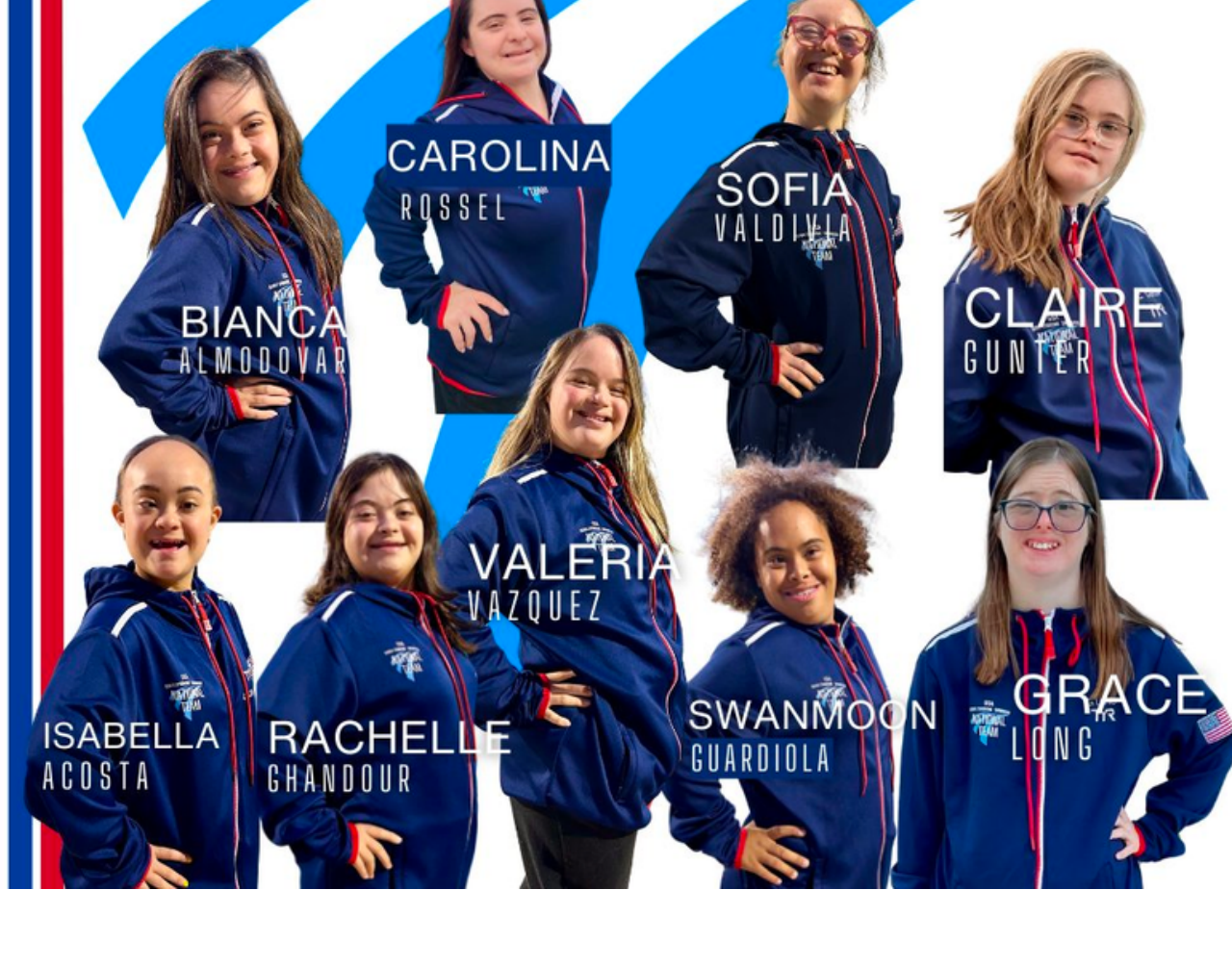


We are so proud of our National Team. Stay tuned to learn more about our amazing artistic swimming athletes at www.usadownsyndromeswimming.org/2024-national-team

ARTISTIC SWIMMING



2024 USA DOWN SYNDROME SWIMMING NATIONAL TEAM



BIANCA ALMOGVAR
CAROLINA ROSSEL

SOFIA VALDIELLA

CLAIRE GUNTER

ISABELLA ACOSTA
RACHELLE CHANDOUR

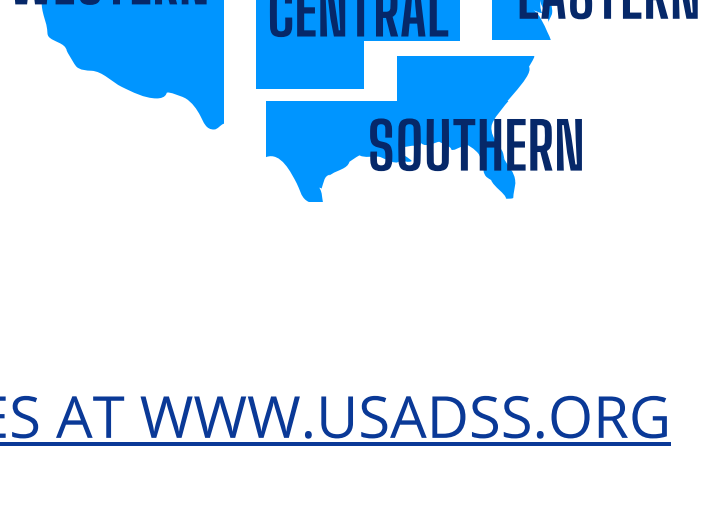
VALERIA VAZQUEZ

SWANMOON GUARDIOLA

GRACE LONG

ALL USA SWIMMING ZONES REPRESENTED

2024 USA Down Syndrome Swimming NATIONAL TEAM PROUDLY REPRESENTS ALL



MEET THE ATHLETES AND COACHES AT WWW.USADSS.ORG

WESTERN



2024 USA DOWN SYNDROME SWIMMING NATIONAL TEAM



KAYLA AULIS

CAMPBELL WYMAN

CHASE BAIRD

JANE EVANS

Lily GRENNING

CENTRAL



2024 USA DOWN SYNDROME SWIMMING NATIONAL TEAM



JOEY JUBERTES

THOMAS CHEN

MAGGIE SCHROEDER

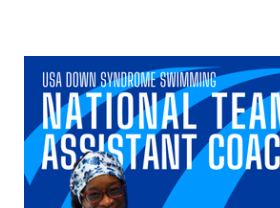
JOE SUTER

LUKE DRUMRIGHT

MARY BORMAN

JONATHAN RAWLINGS

EASTERN



2024 USA DOWN SYNDROME SWIMMING NATIONAL TEAM



CAITLIN TREVOR

CHARLIE SAFFIAN

GIANFRANCO SCHIARETTA

SOUTHERN

2024 USA DOWN SYNDROME SWIMMING NATIONAL TEAM



KATYA VAZHENN

GUSTAVO DE OLIVEIRA

LAUREN BERGQUIST

JOIN THE JOURNEY - UNITED WE RISE

Please share this newsletter, 'Like' us on Facebook or 'Follow' us on Instagram @USADOWNSYNDROMESWIMMING!

To learn more about how to support these amazing athletes, go to www.usadownsyndromeswimming.org to "Gear Up" with cool merchandise, become an official partner, sign up for a newsletter, or make a donation.

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