



"GEAR UP" CAMPAIGN STARTS THIS MONTH

- ⚙️ OCTOBER IS DOWN SYNDROME AWARENESS MONTH
- ⚙️ [USADSS ANNOUNCES NATIONAL TRAINING CAMP AND TIME TRIALS](#)
- ⚙️ ATHLETES CONTINUE TRAINING FOR WORLD CHAMPIONSHIPS IN 2022
- ⚙️ [NEW SPIRIT WEAR DESIGNS ARE NOW AVAILABLE - BUY A SHIRT TODAY!](#)

October is Down Syndrome Awareness Month. Did you know that swimmers with Down syndrome can be selected to represent the USA at international competitions? There are events for racing and artistic swimmers!

Please help us get the word out to all families and coaches of swimmers with Down syndrome that they can become official T21 Swim Warriors. We are searching for competitive swimmers who want to train hard to be selected to the USA Down Syndrome National Swimming Team! We hope many more swimmers JOIN THE JOURNEY!

The USA Down Syndrome National Swimming Team will travel to Portugal in October of 2022 to compete at the Down Syndrome International Swimming Organisation (DSISO) World Championship. To be selected, T21 Swim Warriors need to **a. Apply to be an International T21 Swim Warrior; b. swim an official qualifying time; and c. attend the very first USADSS National Training Camp for the Competitive Swimmer. Please block the week of February 21, 2022 to be at the Rosen Center in Orlando Florida** because the team will be selected immediately after the camp. Qualifying times for the camp and the World Championships have not yet been announced. USADSS will be collaborating with many outside organizations for the training camp, and we look forward to finding coaches and sponsors for the national team. Much more information will be coming soon!

Besides spreading the word, you can help by purchasing official USA Down Syndrome Swimming spirit wear or donating today! USA Down Syndrome Swimming is a 100% volunteer organization, so all profits and donations go to directly to programing and support for the USA Down Syndrome National Swimming Team.

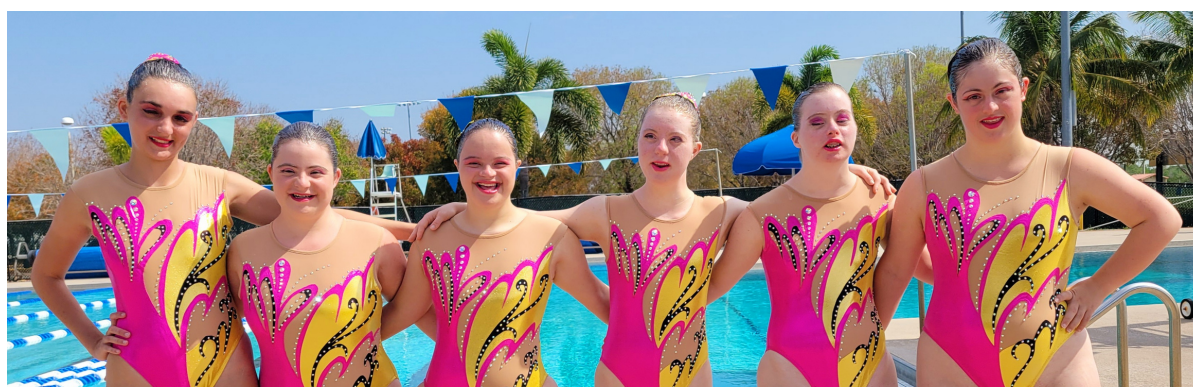
- [USADSS WEBSITE](#)
- [JOIN THE JOURNEY!](#)
- [DSISO World Championship](#)
- [Purchase Spirit Wear](#)
- [Donate](#)



Announcing New Partner Initiative

USA Down Syndrome Swimming is launching a new initiative to build partnerships with organizations and corporations across the USA and around the world. We want to help connect T21 Swim Warriors to opportunities to swim in inclusive environments while celebrating our partners' amazing efforts and generosity. [Learn more about becoming a USADSS Partner!](#)

We are so proud to recognize USA Artistic Swimming (USAAS) as a USA Down Syndrome Swimming Partner. USAAS athletes astonish us with feats of athleticism, grace, and artistry.



When our partners come together - beautiful things happen. Thanks to the efforts of USA Artistic Swimming, Down Syndrome Association of Miami, Miramar Mermaids Synchro Team, and Coach Isis Sanchez, our T21 Swim Warriors competed at the USA Artistic Swimming Jr. National Championship this June. They did an amazing job!

This high level competition experience is vital as it prepares our swimmers to compete at the DSISO World Championship in Portugal in October of 2022. [INCLUSION MATTERS!](#)



New Logo. New Vision.

In 2021, USADSS has created a solid path for our organization that we hope will empower T21 Swim Warriors, and affect social change. But we need your help! Together, we can strengthen opportunities for swimmers with Down syndrome in the USA, and around the world.

Recently, we updated our logo to reflect our new vision, and there was a lot of careful consideration about updating our look. The shield identifies us as USA's sole National Sports Organization for DSISO. It is also a nod to our swimmers, passionately called "T21 Swim Warriors". The 3 lane lines are a major feature of our brand that symbolizes Trisomy 21, but it goes even deeper than that. Each of our athletes are on a personal journey and it was important to reflect on their hard work and sportsmanship. Each athlete has their own goals, and we are proud to be the organization that helps them achieve those goals by connecting them to new, challenging opportunities within local swimming teams and competitions. We love our new look and feel this fresh styling mirrors our organization's bright future.

For more information, please go to our website: WWW.USADOWNSYNDROMESWIMMING.ORG.

