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40+ T21 SWIM WARRIORS Coming to National Training Camp



This first ever National Training Camp for competitive swimmers with Down syndrome will be skill building, team building, and dream building! 40+ campers, ages 12-38 are coming from all over the USA.

See more details on our website: www.usadss.org

New SCM Meet Benefitting the USA Down Syndrome National Swimming Team **FUNDRAISER**



USADSS will host a dual sanctioned, Short Course Meters (SCM), meet on **February 26, 2022** at the **Rosen Aquatic Center** in Orlando, FL. THANK YOU FLORIDA SWIMMING and FLORIDA MASTERS!

The meet is open to USA Swimmers and US Masters swimmers. All proceeds will go to the USA Down Syndrome National Swimming Team. **SIGN UP FOR THE MEET TODAY!**



This meet provides a rare opportunity for our T21 Swim Warriors to achieve MQT's in a SCM pool for the 2022 DSISO World Championship in Portugal in October. A few of our elite swimmers will be targeting world and regional records for swimmers with Down syndrome.

AWD ARTISTIC SWIMMING PERFORMANCE



Our artistic swimmers will also perform exciting exhibition routines on **Friday February 25th at 3:30pm**. This will provide valuable performance experience that will prepare them for international competition. Come and cheer them on!

ANNOUNCING: NATIONAL TEAM COACHING STAFF

USADSS Technical Advisors, Rick Klatt and Grasy Noriega are pleased to announce the 2022 USA Down Syndrome National Team coaching staff, with the full support of the USADSS Board. This team of professionals will help inspire a new generation of competitive swimmers in the USA. This cohesive team of coaches have each made inclusion and team building cornerstones of their careers. They care about developing the self-esteem of each athlete while challenging them to high standards as swimmers and as people. We are so proud that they will select and coach USA's 2022 Down Syndrome National Swimming Team.



New Board Directors Elected

USA Down Syndrome Swimming, Inc. is proud to announce that 3 amazing people have been elected to the USADSS Board. They bring a wide range of knowledge and experience that will have an immediate impact on the growth of USA Down Syndrome Swimming. Congratulations, and thank you to all who applied!



USADSS NEWS PUBLISHED ON SWIMSWAM!

JOIN THE JOURNEY - UNITED WE RISE

Please this newsletter, 'Like' us on Facebook or 'Follow' us on Instagram @USADOWNSYNDROMESWIMMING!

To learn more about how to support these amazing athletes, go to www.usadownsyndromeswimming.org, to "Gear Up" with cool merchandise, become an official partner, sign up for a newsletter, or make a donation to the national team.

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